

Experience the Black Death from a healthy distance! This album comes from **Falsobordone**, one of Sweden's finest medieval ensembles and celebrating 25 years of making music. Here you will find immortal music and an irresistible ambience as well as healthy medieval recipes to help you keep any sickness at bay. We hope you will enjoy the finer aspects of the plague! (Leeches not included.)

- i **Introitus** 4:22
- ii **María unser frowe** 4:19
- iii **Quant j'ay l'espart** 3:54
- iv **Comment qu'à moy lonteinne** 5:04
- v **Ognor mi trovo** 4:14
- vi **A tutta gente, faccio e prego** 4:33
- vii **La Manfredina** 5:39
- viii **Istampitta Isabella** 3:42
- ix **Alta trinità beata** 3:19
- x **Plus Dure** 3:31
- xi **Quant je suis mis au retour** 3:02
- xii **Processio flagellantorum** 11:56

Erik Ask-Upmark *Harp, organetto, bagpipes, shawm, citole, voice*

Anna Rynefors

Rebec, bagpipes, percussion, voice

Karin S. Lagergren *Voice*

Magne Pettersson *Hurdy-gurdy, voice*

Daniel Åhlman *Percussion*

Shira Kammen *Medieval fiddle*

Daniel Serra *Culinary Archæologist*

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tradition

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Falsobordone

How will those after us believe this to have been a time in which nearly the whole world is bereft of inhabitants? When at any time has such a thing been seen or spoken of? Has what happened in these years ever been read about: empty houses, derelict cities, ruined estates... A horrible and vast solitude encompassing the whole world?

FRANCESCO PETRARCA



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goes out to: Our amazing
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archaeologist ♦ Josef Berger for excellent (and
much-needed) latin advice ♦ Miriam Andersén
for letting us borrow her beautiful harp ♦ Rickard
& Helena Alm, Alexander Krohn and Johan Klareld for
lending us their glorious food utensils!



Also, all the incredibly talented instrument makers
out there who gladdens our hearts and saddens
our wallets with a steady stream of new old
instruments ♦ And above all, our fans and
Kickstarter backers who have inspired
us to finally make a new CD after
all these years!